



School meals

What's on your plate?

Go to www.mealscene.com.

Search our database to find your school.

If your school does not have its menus online, use the one shown here for xxx school or use DS_Menu1.

Click on Show my school.

You can see the menu for the food on offer at school this week.

You can use the calendar to see another week's menu.

Looking at this week's food in school we already know it's a very good and healthy menu. Give 3 reasons why:

1. _____
2. _____
3. _____

The catering staff want to know which are your favourite foods from this menu, make a list for them below.

Find your school

Select country

Select country

Select local authority

Select local authority

Select school

Select school

Show my school



Name _____ Class _____

You won't find any real unhealthy school menus on mealScene, so we have had to invent one.

Look at DS_Menu 2, this does not offer pupils a balanced diet everyday, but some days are worse than others. Which day (s)

is/are very, very unhealthy? Monday Tuesday Wednesday Thursday Friday

Why? _____

Which day(s) is/are OK? Monday Tuesday Wednesday Thursday Friday

Why? _____

You are a parent of children at this school, write a letter to the head teacher saying you are worried about school meals and what you think he/she should do.
